ABSTRACT OF THE DISCLOSURE

A cooking utensil is specified, particularly for fat-free frying or cooking of food to be fried or cooked, having a floor (1) and a wall (2), the floor (1) having an elevated section (3) for placing the food to be fried or cooked and a largely annular depression (4) enclosing the elevated section (3). The cooking utensil minimizes a dwell time of frying fat or other liquids which come out of the food to be fried or cooked on the elevated section and makes cleaning easier because the elevated section (3) is curved and/or arched convexly, so that frying fat or other liquids may drain into the depression (4).

(Figure 1 for this purpose)